



2024 WNBF Pro Athlete Rules

- Upon achieving WNBF Professional status in a WNBF pro-qualifying event, athletes have **30 days to complete the WNBF Pro Card application**, and submit with membership fees. Athletes who continue competing as amateurs and take pro cards from other athletes concede WNBF Pro status. <https://www.worldnaturalbb.com/join-wnbf-2/>
- A new Pro shall FIRST compete in a WNBF Pro event prior to competing with other federations to value their WNBF Professional membership opportunity. Please indicate this debut event when registering for your WNBF Pro Card.
- WNBF Pro memberships are good for one year, and Pros must keep memberships current to retain WNBF Pro status. The expiration will always be the month in which the athlete originally won WNBF Pro status.
- Athletes accepting Professional status from an untested federation concede their WNBF Professional membership for 10 years.
- At all WNBF Professional events crossovers from Open Pro & Masters Pro only are allowed.
- Polygraph tests for Pros are good for 6 weeks by WNBF licensed professionals. All Pros awarded cash prizes must provide a urine specimen the day of the event. All WNBF Pros agree to random in/out of competition season urinalysis/polygraph testing.
- For 2024, **qualification for the WNBF World Championships** will be to have competed in at least one WNBF Professional event during 2024. Pro's living in Regions who do not have pro shows offering their categories may enter worlds. Those who placed in the top 3 at the 2023 Worlds, or hold a WNBF Pro Overall Worlds title are also eligible for Worlds.
- WNBF Pros are encouraged to be ambassadors for natural bodybuilding by assisting at INBF amateur events, attending judging clinics, and participating in training/posing seminars, etc. Please contact an INBF promoter in your area to become more involved. Additionally, it is a privilege to be part of the WNBF. Everyone who is part of the federation must refrain from conduct detrimental to the integrity of, and public confidence in the WNBF. Conduct by anyone in the WNBF that is illegal, violent, dangerous, or irresponsible damages the reputation of others in the sport and undercuts public respect and support for the WNBF. We should endeavor at all times – including and especially within social media - to be people of high character; we must show respect for others; and we must strive to conduct ourselves in ways that favorably reflect on ourselves, natural bodybuilding, and the WNBF. Our leadership, INBF/WNBF promoters, and international affiliates work hard to provide opportunities for athletes and we appreciate your dedication to the WNBF to make our events successful over all others.

***WNBF Drug Testing Philosophy Statement: The backbone of the WNBF has and always will be its drug testing morals and values. Organizations that do not drug test at a minimum of 30 – 100% and have the ability to provide an athlete with their drug test result is not “natural bodybuilding”. As a WNBF Professional we want you to be informed about our philosophy, and we hope that you will share and support these very important values that have been with us for over 35 years. Thank You.*