

DISCLAIMER / DECLARATION OF PARTICIPATION

Between:

Organizer: WNBFF Norway v/ Ron Daniel (owner), Susanne Løken (co-owner), as well as other personnel, crew, referees and associated partners (hereinafter referred to as *the Organizer*)

and

Participant: _____ (hereinafter referred to as *the Athlete*)

1. Purpose

This document applies to participation in [Name of competition] on [date] arranged by WNBFF Norway. The purpose is to regulate responsibilities and clarify that participation is at the athlete's own risk.

2. Recognition of risk

The athlete acknowledges and accepts that participation involves physical activity that may entail the risk of:

- Personal injuries (including but not limited to strains, fractures, injuries to joints/muscles, cardiovascular disease, or other health complications).
 - Loss or damage to personal belongings.
 - Theft or lost property.
 - Other unforeseen events during the event.
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3. Disclaimer

The athlete hereby waives the right to make claims against the Organizer, including but not limited to Ron Daniel, Susanne Løken, judges, crew, partners or affiliated organizations, for damages, losses or accidents that may occur during the event, **unless the damage can be traced back to gross negligence or intent on the part of the Organizer.**

(Alternative stricter wording – use if desired)

The athlete acknowledges that participation is at their own risk, and that the Organizer accepts no responsibility for personal injuries, loss of property or other inconvenience, regardless of cause.

4. Insurance

The athlete is responsible for having valid accident and health insurance that covers injuries when participating in competitions.

5. Medical condition

The athlete confirms that he/she is in a proper physical and mental state of health to participate, and disclaims the Organizer responsibility if injuries or complications occur as a result of a lack of his/her own health assessment.

6. Assets

The organizer disclaims responsibility for loss, damage or theft of the athlete's personal belongings.

7. Media usage (optional add-on)

The Athlete agrees that the Organizer may use photos, video and audio recordings from the event for marketing, social media, reporting and the like without any requirement for remuneration.

8. Disputes

Any disputes must be resolved amicably. If this is unsuccessful, the dispute shall be brought before the [district court where the company has its place of business].

9. Signature

I hereby confirm that I have read, understood and accepted the terms of this disclaimer.

Place/date: _____

Athlete's name (block letters): _____

Athlete's signature: _____